



**UNIVERSITY OF SASKATCHEWAN
RETIREES ASSOCIATION NEWSLETTER**

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? OSTEOARTHRITIS AND YOU ?

Do you have aches, pains, joint swellings, movement restrictions or uncertain balance. Then perhaps you too are arthritic. Would you like some first hand, helpful information? A symposium on osteoarthritis will be held on Saturday, May 24th in the Place Riel Theatre (Arts 241) on the University of Saskatchewan campus.. Registration will commence at 8.15 a.m., with the first session starting at 9 a.m.

This event, which is open to the public, is sponsored by the University Retirees Association in cooperation with the Arthritis Society (Saskatchewan Division), and with the involvement of the College of Medicine, the College of Pharmacy and Nutrition, the School of Physical Therapy, Saskatoon District Health, and the Saskatoon Field House First Step Program. General presentations will be made by Dr. John Sibley (Rheumatology), Dr. Tony King (Orthopaedic Surgery), Dr. Jane Richardson (Pharmacy-SDH), Dr. Liz. Harrison (Physical Therapy), and Ms. Glenna Stirling (Occupational Therapy-SDH). These sessions will be followed by rotational workshops, each conducted in individual classrooms. Leading these workshops will be the five presenters along with Donna Adams (Arthritis Society) and Brent Rioux (Field House).

Free parking will be available in Parking Lots C, G, and 1, and all curbside metered locations. The Theatre and classrooms are located one floor above the main entrance of the Arts Building. Access is available by stairs, or the main ramp or by the adjacent elevator. Coffee will be served.

A ten dollar fee will be charged. All proceeds after expenses will be donated to the Arthritis Society. **Advanced notice of registration is requested**---telephone 966-6618 (leave your telephone number and message), or e-mail to ss_usra@duke.usask.ca .

NEWSLETTER ON PRESCRIPTION DRUGS

Retirees wishing to know more about certain prescription drugs may find of interest the internet site run by Therapeutic Initiatives. The main working body of the Therapeutics Initiative, is made up of family physicians, specialists, academic researchers, clinical pharmacologists, pharmacists, epidemiologists, and a legal advisor. It was established by the Department of Pharmacology and Therapeutics in cooperation

with the Department of Family Practice at the Univ.of British Columbia to provide physicians and pharmacists with information on rational drug therapy. Although the information on the web site is necessarily of a technical nature, a significant amount can be understood by persons without a background in the health professions.

Three of the publications (called Therapeutic Letters) deal with drugs used in the treatment of arthritis. Topics covered in other Letters include treatments for hypertension, asthma and insomnia. In some cases the comparative cost of different drugs used to treat an ailment is provided.

For those interested, the web site is www.ti.ubc.ca

UNIVERSITY OF SASKATCHEWAN CAMPUS COMMUNITY CAMPAIGN

If you have haven't already received a package about the University of Saskatchewan's Campus Community Campaign, you will soon. The Campus Community Campaign, *Thinking the world of our University*, is an internal fund-raising initiative. It's an opportunity for current and former staff and faculty to show their support for the work done at the U of S.

It is the first step in a much more far-reaching capital campaign which is expected to be publicly launched next year. The level of support from within the campus community will help to encourage donations from the broader community.

Retirees are an important part of the U of S community. A group of about 20 volunteer retirees, led by Vera Pezer, is organizing the solicitation of retirees. The Academic Retirees Association has been involved in the planning of this solicitation.

A letter from Vera is included in your information package. There are several projects listed in the letter. You can give to any of them, or any other area you feel deserves your support.

As a retiree, we hope you will join the Association in support of the campaign.

ANNUAL BARBECUE

Join the fun ! The annual USRA BBQ will be held at the Faculty Club on Monday June 2nd at 5:30 pm. A good time to visit with friends and to hear from University Vice-President Coates. The cost of \$15.00 per person can be paid at the door but it would be helpful if you would leave a message at 966-6618 indicating that you are going to attend.

IN MEMORIAM.